OCD: Current Research and Future Directions

February 05, 2015
By H. Blair Simpson, MD, PhD [1] and Moira A. Rynn, MD [2]

In this podcast, two psychiatrists discuss current clinical research and the future of treatment options for obsessive-compulsive disorder.

In this podcast, H. Blair Simpson, MD, PhD, and Moira A. Rynn, MD discuss current clinical research and the future of treatment options for obsessive-compulsive disorder (OCD). They address the biology and the brain mechanisms related to OCD symptoms, as well as new research initiatives. Also discussed are elements of the NIMH Research Domain Criteria (RDoC) project, as well as a look at clinical trials currently underway.

Dr Simpson is Director of the Anxiety Disorders Clinic and the Center for OCD and Related Disorders at the New York State Psychiatric Institute/Columbia University Medical Center. Dr Rynn is Director of the Division of Child and Adolescent Psychiatry and Pediatric Anxiety and Mood Research Clinic at the New York State Psychiatric Institute/Columbia University Medical Center in New York.

For more information on treatment of OCD and research opportunities at Columbia, please click here. This podcast was moderated by Marcia Kimeldorf, PhD, and edited by Psychiatric Times with permission from Columbia University Department of Psychiatry. The full discussion can be heard at BlogTalkRadio (here).

Related podcasts by Columbia Psychiatry:
Neurosurgery for OCD
Using Technology to Disseminate CBT for OCD

Source URL:

Links: